

I ultimately realized that I had a choice:

or[the choice]

I could choose to be a victim of my past and my life and to continue living my life looking through a lens of negativity, feel stressed and miserable,

choose to be a victor and live my life looking through a lens of joy.

I think the root node is both marked nodes, cuz you don't know what the choice is until you read its description. REading it was important to know because the reader then knows that if they work on themselves and do the suthor's techniques they can ultimately realize the choice. Idk really